

Chicken Nuggets or Balls

Cooking Time 15 minutes

Makes 34

Ingredients

375g chicken thigh fillets, trimmed, roughly chopped

1 egg

1 tablespoon finely-chopped chives

1/4 teaspoon sesame oil

2 teaspoons plum sauce

1 teaspoon salt-reduced soy sauce

1 cup corn cereal flakes

Method

Preheat oven to 180°C. Grease and line a baking tray.

Place chicken, egg, chives, oil and sauces in a food processor. Process for 30 seconds or until mixture is smooth.

Place cereal in a shallow dish. Shape heaped teaspoons of chicken mixture into balls. Roll each ball in cereal to coat. Place nuggets on prepared tray. Bake for 15 to 20 minutes or until golden and cooked through. Serve.